This week’s recommended Health and Wellness Activity:

5-Minute Desk Stretch

The following articles may be of interest to you:

The Path to Leadership: Four Nurse Leaders Share Their Story

How to Forgive for Your Emotional Health

Why Poor Diversity in Medical Research Threatens Health Equity
Upcoming virtual events:

WHSC Library hosts online screening of “Black Men in White Coats”

Screening Dates: February 17, 2021 @ 6PM through February 20, 2021 @ 6PM. Limited to 300 viewers. [CLICK HERE TO REGISTER.]

Panel discussion co-hosted by Emory SOM and Morehouse will be held February 24, 2021 at 12:00pm/ET.

To register for their screening dates and/or the panel discussion, please visit: https://med.emory.edu/about/diversity/bhm.html

MFP Alumna Shaquilla Starks, PhD, APRN, FNP-BC, will join Emory University’s Office of the Provost Faculty Showcase next Monday, February 22, 2021, 4:00pm/ET, to discuss the research, creativity, and diversity of Emory’s faculty. Click the link below to register:

https://provost.emory.edu/faculty/new-faculty/faculty-showcase.html

2021 Virtual IWI Confirmed Speakers

SAVE THE DATE
2021 Minority Fellowship Program
Virtual Intensive Winter Institute

March 18-20, 2021

Theme: Leadership, Behavioral Health Policy and Professional Development.
Registration is Open!

Look for an email invite from anamf@mcevents.com and register TODAY to reserve your virtual seat.

Questions? Email janet.jackson@ama.org
CALL FOR APPLICATIONS!

Are you a psychiatric nurse (or any other profession) interested in pursuing a career that focuses on mental health? Are you looking to advance your knowledge and skills in this field? If so, then the IMFP Call for Applications is for you!

Eligibility Requirements:
- Applicants must currently be enrolled in a formal education program.
- Applicants must be pursuing a degree in mental health, including but not limited to psychology, psychiatry, counseling, and social work.
- Applicants must demonstrate a commitment to mental health services and have at least one year of relevant work experience.
- Applicants must provide a letter of recommendation from a current or former supervisor or academic advisor.

Application Process:
- Applications will be accepted online through the IMFP website.
- Applicants must submit a completed application form, including a personal statement, letter of recommendation, and official transcripts.
- Applications must be submitted by the deadline to be considered for the fall cohort.

Stay connected! Follow us on social media.

Missed an issue? Check out our e-Newsletter archives at emfp.org/news/e-newsletters.