

THERE'S ONLY ONE THING
YOU NEED TO UNDERSTAND
ABOUT HOW A CORONAVIRUS



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THE VIRUS SPREADS WHEN these droplets



SO IF YOU SEE SOMEONE WHO IS
VISIBLY COUGHING/SNEEZING/SICK,
YOU CAN CHOOSE TO:



- ① KEEP YOUR DISTANCE.
2m to 0.5m will keep you safe
from large droplets.



OR,



- ② GIVE THEM A MASK.
THEY CAN COUGH / SNEEZE INTO IT
AND PROTECT EVERYONE ELSE NEARBY

AND IN GENERAL, IT'S A GOOD
IDEA TO AVOID CROWDS, BECAUSE
YOU DON'T KNOW WHO MIGHT BE
SICK.



People who are
infected can show
no symptoms,
but are still
INFECTIOUS?

Maybe she's not sick,
just protecting herself.



HOWEVER, SOMETIMES A SICK PERSON'S SALIVA CAN GET ON OTHER THINGS...



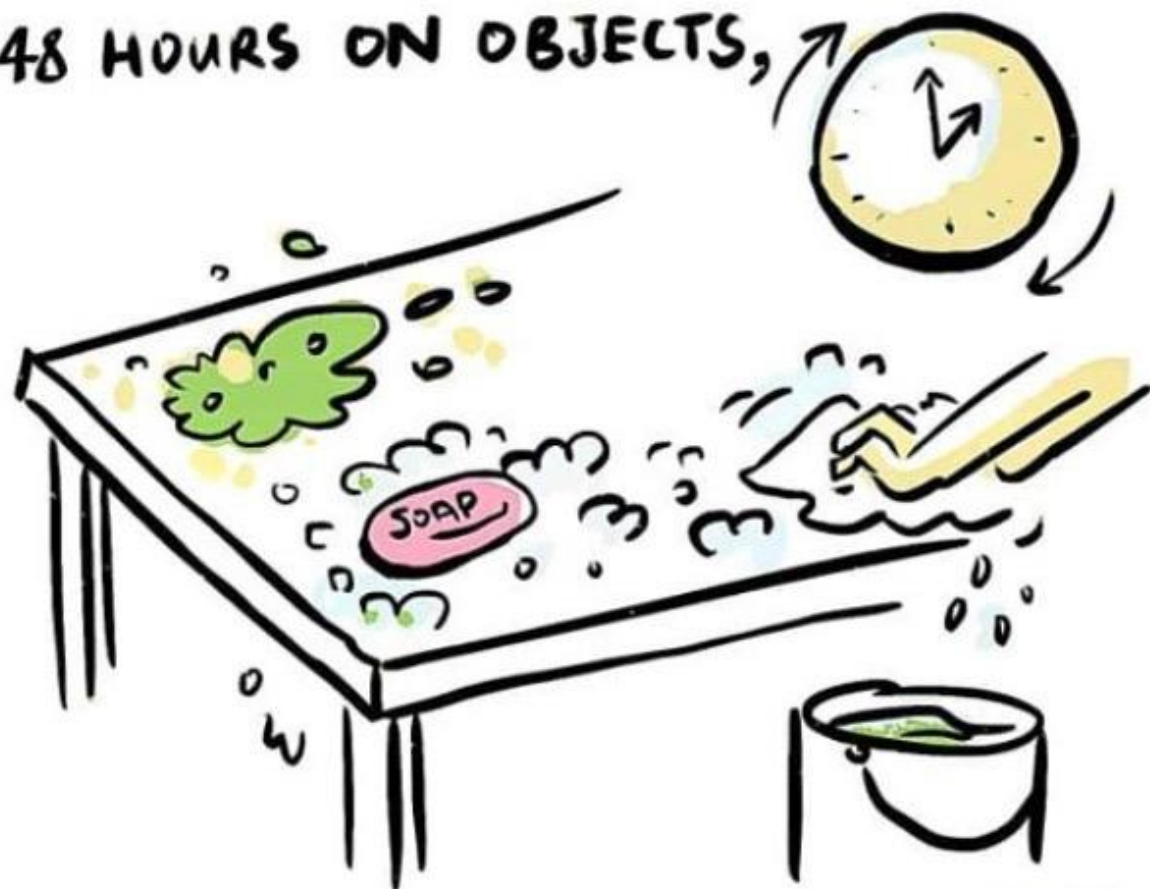
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AND IF YOU TOUCH ANY OF
THESE THINGS BY ACCIDENT,
AND THEN TOUCH YOUR FACE,



VIRUSES CAN LAST FOR UP TO
48 HOURS ON OBJECTS,



AND THE ONLY EFFECTIVE WAY TO
GET RID OF THEM IS TO WASH THEM
OFF WITH SOAP.



WHICH IS WHY IT IS ALSO
GOOD TO FOLLOW THESE



PRECAUTIONS



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1

WASH YOUR HANDS THOROUGHLY WITH SOAP AND WATER FOR AT LEAST 20 SECONDS AFTER TOUCHING A SUSPECTED CONTAMINATED SURFACE



WHAT IS THOROUGHLY?

WASH THE
BACK OF YOUR
HANDS

BETWEEN
THE FINGERS



UNDER
THE NAILS



ENOUGH TIME TO
SING "HAPPY BIRTHDAY"
TWICE



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2

COVER YOUR COUGH WITH A DISPOSABLE TISSUE OR USE MASK AND DISCARD THEM IMMEDIATELY IN A WASTE BIN. DON'T WEAR THE MASK FOR MORE THAN A DAY.

*BACTERIA GROWS ON THE INSIDES OF YOUR MASK IF YOU WEAR THEM TOO LONG



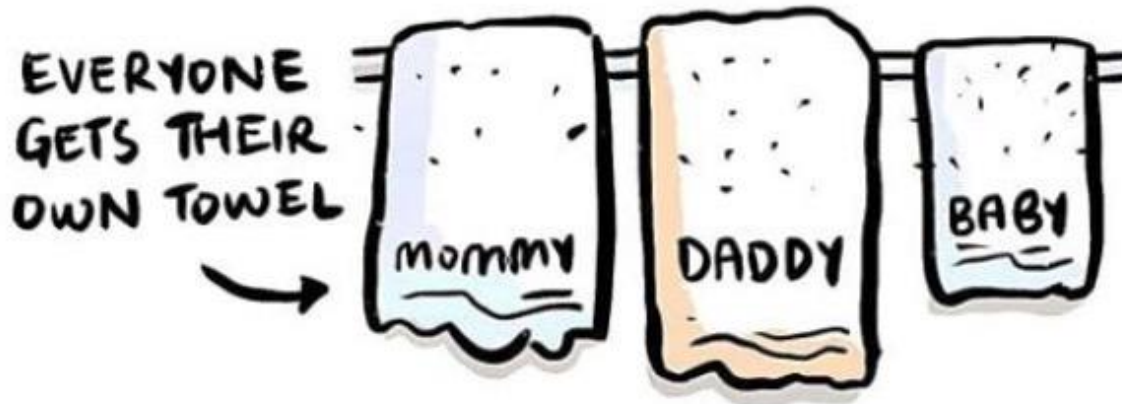
ALSO, DON'T TOUCH THE OUTSIDE OF THE MASK IF YOU CAN.

IF YOU DID, DON'T WORRY, JUST WASH YOUR HANDS WITH SOAP AFTER



3

AVOID COMING INTO CONTACT WITH
PEOPLE WHO ARE SICK OR SHARE THE
PERSONAL ITEMS, FOOD, UTENSILS,
CUPS & TOWLES



4

AVOID TOUCHING YOUR
EYE, EARS AND NOSE



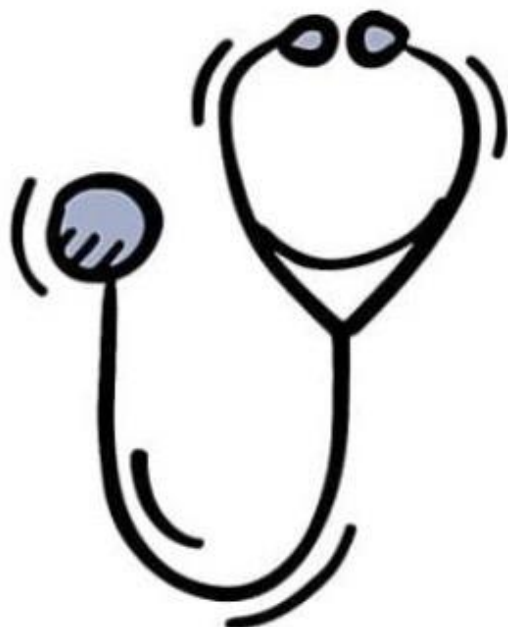
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AND FINALLY,

5

SEEK MEDICAL ADVICE IF
YOU ARE SICK



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STAY SAFE,
EVERYONE!



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