This week's recommended Health and Wellness Activity:

3-Minute Desk Stretch

The following articles may be of interest to you:

Focusing Our Energy
www.arbion.com
Read more

4 Smart Tips for Making the Most of Your Mornings
www.shorthair.com
Read more

Navigating the Loss and Grief of a Nurse Suicide
www.nursehappy.com
Read more

Health Disparities:

Study confirms Black American women less likely to get 3D mammograms
www.appliedbiostat.com
Read more

www.nysocny.org
Read more
MFP/ANA National Advisory Committee Chair Dr. Bridgette Brawner’s Statement: Condemnation of Anti-Asian Discrimination

"...violence against Asians and Asian Americans is not new in this country. Members of these groups are all too familiar with the decades, and even centuries of injustice, they have experienced...We are just now being given a front row seat...as a racial and ethnic minority-focused organization: We do not condone, accept, justify or tolerate injustice of any kind. The MFP will continue to denounce racism, hate crimes, discriminatory acts and other forms of wrongdoing for what they are: deplorable actions that cannot be accepted or minimized...the rush to justify the perpetrator’s acts under the powers of ‘addiction’ truly strikes a nerve...For anyone to use such experiences to justify the heinous acts that resulted in the loss of eight...eight precious souls...is a slap in the face to those who truly struggle and are incapable of controlling their thoughts and behaviors. Further, it perpetuates fear, stigma and misinformation that people who suffer with addiction and mental illness are violent and dangerous. We have strong evidence to prove that those experiencing behavioral health challenges are not more violent or ‘criminalized’ involved’.

Visit https://emfp.org/sites/default/files/attachments/Stand%20against%20AAPI%20Hate%20Crimes_3-23-21.pdf to read the full statement and https://emfp.org/news to view other initiatives that are increasing awareness on Asian hate crimes.


The Agency for Healthcare Research and Quality (AHRQ) requests comments from the public on clinical algorithms that are used or recommended in medical practice and any evidence on clinical algorithms that may introduce bias into clinical decision making and/or influence access to care, quality of care, or health outcomes for racial and ethnic minorities and those who are socioeconomically disadvantaged. See more information about the RFI at https://effectivehealthcare.ahrq.gov/products/allgorithms-bias-healthcare-delivery/submit-info. Closing date is 11:59 p.m/EDT on May 4, 2021.


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