

Inside MFP-eNews

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In celebration of the Minority Fellowship Program's 45th year anniversary and Black History Month, in this 1st edition we are pleased to acknowledge Dr. Mary Elizabeth Carnegie. Nurse and Author of "The Path We Tread, Blacks in Nursing Worldwide," Dr Carnegie dedicated more than 50 years propelling academic and professional related opportunities for African American nurses. She was the first Black nurse to serve as a voting member on the board of a state nursing association. In addition, she was one of the first Chairs of the MFP National Advisory and was also inducted in the ANA Hall of Fame in 2000. In addition to receiving eight honorary doctorates and being inducted into the Virginia Nursing Hall of Fame in 2009, the accomplishments and awards she received for her outstanding contributions are endless.





Pictured left to right, top, Daisy Laura, Griselle Estrada, and Dr. Rosa González- Guarda from the 2019 Latino Leadership Institute of the National Association of Hispanic Nurses in San Juan, PR. National and local leaders shared personal experiences and insights on how to cultivate leadership. Marla Weston, PhD, RN, FAAN, past CEO of ANA Enterprise, discussed team building and development strategies.







"Snapshots of MFP Scholars"

Pictured left to right, bottom, Dr. Tanya Sorrell, Senator Leroy Garcia, author of the Opioid Bill to increase MAT training for nurse practitioners, and Dr. Rob Valuck of Colorado Consortium for prescription drug safety. Dr. Tanya Sorrell pictured again, Fellow Sabrina Chen (third from left), and others at the Colorado Senate Hearing.

Welcome to MFP Sandra Oliver

Sandra is a recent graduate of the University of Central Florida, majoring in Public Administration, with a minor in Spanish. She is also an alumna of SAMHSA's internship program, administered by the Hispanic Association of Colleges and Universities (HACU), a competitive national internship program that allows students to use their skills and knowledge working at SAMHSA headquarters in Rockville, MD on meaningful projects, gaining real-life experience and exposure. Specifically, Sandra's SAMHSA/HACU internship placement within the Office of Program Analysis and Coordination, provided her with mentors, opportunities for

Professional development and invaluable hands-on experience in the area of mental health and substance abuse prevention.
Welcome to the MFP family Sandra!

"I'm excited to be a part of a team that delegates a nurturing yet rigorous and resourceful space for post baccalaureate nurses pursuing a graduate degree in behavioral health nursing and committed to serving minority populations who suffer from mental health or substance use!"

Bottom right, Dr. Sorrell, PhD. RN, PMHNP- BC testifying in the Colorado Senate on February 7, 2019 for a bill expanding Opioid treatment services for rural areas. Dr. Sorrell is an Alumna of the MFP and serves on the National Advisory Committee. Sabrina Chen attended as part of her Health Policy Project.



Yovan Gonzalez, MSN, RN, FNP-BC





After a brief interview with current doctoral Fellow Yovan Gonzalez the first word that comes to mind is exceptional. Yovan is originally from Lima, Peru and came to the United states at the age of 11. He received his undergraduate degree from John Hopkins University, in Literature, and a PhD in Latin and Romance studies at Penn State University. A change of interest led him to receive his Bachelor of Science in Nursing and Master of Science in Nursing at the University of Pennsylvania. Gonzalez aims to increase healthcare workers' knowledge in screening, brief intervention, and referral to treatment (SBIRT) to address alcohol and substance use in ambulatory care settings. His first study comprised of utilizing an online program platform

to provide education on SBIRT for nurses across five ambulatory departments. In his second study. Yovan delivered the online SBIRT program at an integrated primary care and behavioral health practice where the predominate race for staff and clients was Hispanic. Gonzales does not hesitate to share that the support and variety of resources allocated by the Minority Fellowship Program not only contributed to the success of these studies but led Gonzales to revert his focus specifically to the Hispanic population. In addition, such support has led to collaborative relationships, locally and internationally, formed by attending intervention and treatment related conferences as it pertains to substance abuse and healthcare.

Q&A

1. Initially what stood out about the Minority Fellowship Program in comparison to other programs you were once considering?

"The Minority Fellowship Program is the only program I know that focuses on minorities with mental health problems and encourages people to help. My specific expertise is Latino Communities. I know from the national survey on drug use that Latinos have more problems with substance abuse in comparison to non-Hispanics and that their access to resources to combat such substance abuse problems is also disproportionate in comparison to non-Hispanic communities."

2. In what ways has the MFP contributed to your current success?

"I credit the MFP for the abstracts I have submitted. The stipends provided minimize the financial burden of a Doctorate degree and allow me to attend and participate in conferences (international and local). If it had not been for the support and encouragement of the MFP I would have not have taken on my SBIRT projects and refocused my studies on the Hispanic population this early on."

3. What do you believe makes the MFP unique?

"It's a real fellowship. Before I was accepted into the program, Fellow Alumni and current Fellows reached out to me and offered their support. This support remains as a current fellow. I attended the APNA conference and met Janet at the MFP booth. She introduced me to current fellows and really created a space where people can congregate and talk. I didn't have to wait until our Intensive Training Institute to do this. The MFP offers a real sense of community where you feel supported with the work you are doing."

What would be your advice to those who want to apply to the program but not sure or discouraged because they were previously rejected?

"To continue trying, continue to go to conferences, connect with other nurses and expand their professional networks. I would encourage them to find a mentor that could guide them in the process. I know that I owe most of my success to the relentless support my mentor, Dr. Deborah Finnell has given me. I would also suggest that the nurses continue their involvement in professional organizations and

presentations by participating in planning and special group committees and to continue to submit abstracts for professional conferences no matter how small their projects may seem."

Yovan was recently invited to do a webinar by the AACN to describe his mentor experience as an awardee of the 2018 AACN/NIDA blending initiatives award. The webinar will be taking place on May 9th, 2019. When asked where he sees himself in 5 years. Yovan stated that he looks forward to working in a bilingual bicultural clinic part time and as a leading expert that is changing policy in terms of addressing problems with Hispanic minorities in the area of mental health and integration as well as working within a teaching or mentoring capacity for the next generation of nurses!

** The SAMHSA Minority Fellowship program is currently accepting applications until May 6, 2019 **