

# WOMEN'S *HER*STORY MONTH 2022



MARCH 17, 2022



The Substance Abuse and Mental Health Services Administration (SAMHSA) Minority Fellowship Program (MFP) at the American Nurses Association (ANA) is proud to highlight twenty psychiatric mental health pioneers during Women's *HER*story Month 2022. This week we recognize MFP/ANA alumnae Mary Lou de Leon Siantz, PhD, RN, FAAN, Stephanie Ferguson, PhD, RN, FAAN, Jillian Inouye, PhD, APRN, BC, FAAN, Freida H. Outlaw, PhD, RN, APRN, FAAN, and Beverly Patchell, PhD, RN, CNS, PMH-BC.

**Mary Lou de Leon Siantz**  
**PhD, RN, FAAN**



Dr. de Leon Siantz is a rare and powerful force in academic science. The daughter of Mexican immigrants, Dr. de Leon Siantz learned English as a young girl, excelled in school, and grew up to become a pioneering scientist renowned for her research on migrant health and for her work to prepare health professionals for leadership and policy.

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Currently she is working to help younger Latinas follow in her footsteps. An alumna of the Robert Wood Johnson Foundation (RWJF)

Executive Nurse Fellows program (2004-2007), de Leon Siantz heads the Center for the Advancement of Multicultural Perspectives on Science (CAMPOS) at the University of California, Davis (UC Davis), an initiative that aims to increase the participation of women, and Latinas in particular, into the male-dominated fields of science, technology, engineering, and math (STEM). The appointment of a Latina nurse to this high-profile position calls attention to the often-overlooked fact that science undergirds the nursing profession, and to the valuable role that women, and Latinas, play in scientific endeavors. The face of the United States, and of California, is changing, and she says the university “very much thinks that scientists should reflect the demography of the state that they serve.” Latinos are now estimated to be the largest population group in California, but they are vastly underrepresented in STEM fields at UC Davis. The lack of diversity among STEM faculty discourages aspiring women, Latinas, and other students from underrepresented backgrounds from pursuing STEM careers and contributes to a body of academic research that fails to adequately address issues of concern to underserved populations. As director of CAMPOS, de Leon Siantz, also a professor of nursing at the Betty Irene Moore School of Nursing at UC Davis, is rectifying that by working with the STEM schools at UC Davis to hire new faculty members to serve as mentors

and role models for aspiring female and Latina STEM scholars who will conduct research focused on underserved populations. The effort is de Leon Siantz' latest step on a professional journey aimed at narrowing health disparities.

Dr. de Leon Siantz is currently serving as a member of the MFP/ANA National Advisory Committee.

She earned her Bachelor's in nursing from Mount St. Mary's College, Los Angeles, California, a Master's of Science in Child Psychiatric Nursing and Community Mental Health, University of California, Los Angeles and a PhD in Human Development from the University of Maryland, College Park, MD.

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**Stephanie Ferguson**  
**PhD, RN, FAAN**



Dr. Ferguson is a global health care leader who has worked in 100+ nations as a technical advisor, consultant, and facilitator for organizations including the International Council of Nurses (ICN) and the World Health Organization (WHO). At ICN, based in Geneva, Switzerland, for 10+ years, Dr. Ferguson directed the ICN Leadership for Change Program, the ICN-Burdett Global Nursing Leadership Institute, and served as an ICN Consultant for Nursing and

Health Policy. For more than 20 years at WHO's headquarters and regional offices, Dr. Ferguson developed strategic plans and initiatives to strengthen and evaluate global health care delivery systems, population health outcomes, and nursing and other health professional education and leadership programs and services. Dr. Ferguson is President and Chief Executive Officer of Stephanie L. Ferguson & Associates, LLC, a global health consulting firm that specializes in health systems strengthening and evaluation methodologies, human resources

for health, curriculum development and accreditation of health professional schools, executive leadership and management development, and innovative international health strategies. She is a faculty member at Stanford University in the Bing Stanford in Washington Program, and a Visiting Fellow at the Harvard T.H. Chan School of Public Health.

Dr. Ferguson is an elected Fellow, American Academy of Nursing (AAN) and chairs the AAN's National Advisory Mentoring Council for the Jonas Policy Scholars. She is a former chair of the Advisory Council for the AAN's Institute for Nursing Leadership. Dr. Ferguson is a Distinguished Practitioner and Fellow in the National Academies of Practice. Dr. Ferguson is Board Member of the Bon Secours Mercy Health system, member of the Finance Committee and starting January 2021, Chair of the Quality Committee. Dr. Ferguson is an elected member of the National Academy of Medicine (NAM) and serves on the NAM Nominating Committee. She recently served as an appointed member on the NAM's Consensus Study on Global Health and the Future Role of the USA. Her honors and awards include the 2014 HRH Princess Muna Al Hussein Award from the American Nurses Credentialing Center and she is also the recipient of the American Academy of Nursing's 2020 Civitas Award for her extraordinary dedication to excellence in promoting quality care in nursing worldwide.

She received her PhD in 1996 and her BSN in 1985 from the University of Virginia, and a MS/Nursing degree from the Virginia Commonwealth University, Medical College of Virginia, in 1987.

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**Jillian Inouye**  
**PhD, APRN, BC, FAAN**



Dr. Jillian Inouye has made substantial contributions to the nursing profession and to the mental health care of ethnic/minority people, as well as numerous other populations. She is a licensed psychologist, a qualified mental retardation professional, a board-certified clinical specialist in psychiatric nursing, and an advanced practice registered nurse. These outstanding credentials clearly attest to Dr. Jillian Inouye's commitment to excellence in research and clinical practice.

In her role as nurse researcher, she has published numerous data based refereed manuscripts, that focus on a variety of psychiatric and mental health topics, ranging for example, from child abuse prevention, HIV/AIDS, to health beliefs and behaviors. She has written book chapters on Asian-Pacific Islanders' Health Disparities and psychiatric care, including schizophrenia, depression, substance use and abuse and others. As significant, are her various research projects: Health care disparities, children and mental health problems, roles strain among nurses from different cultures, and others. She was a founding member of the Asian/Pacific Islander Nurses Association and currently serves as Vice-President and Board member of the National Coalition of the Ethnic Minority Nurses Associations. Dr. Inouye also shares her knowledge and experiences with others throughout the world. She has presented her research in many different countries, including Denmark, Japan, Thailand, Hong Kong, and Switzerland. Dr. Inouye is an outstanding nurse scholar and continuously contributes to the scientific literature. Using her knowledge and acquired skills, she volunteers at various mental health service facilities and provides mental health care to underserved populations in her local communities in Hawaii. Her extensive acquired knowledge and skills uniquely equip her to serve vulnerable people and their families.

In her role as a member of the National Advisory Committee and Mentoring Workgroup of the Minority Fellowship Program at the American Nurses Association (MFP/ANA), Dr. Inouye made a significant contribution to the Mentoring Manual: A Guide for Mentors and Mentees, the comprehensive and structured copyrighted mentoring resource developed by the MFP/ANA program.

Dr. Inouye received her Bachelor's in Nursing from the University of Hawaii, Honolulu, HI, a Master's of Science in Psychiatric Nursing from the University of California, Los Angeles, CA a Master's in psychology and a PhD in Developmental Psychology from the University of Hawaii, Honolulu, HI.

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**Freida H. Outlaw**  
**PhD, RN, APRN, FAAN**



Dr. Freida Hopkins Outlaw decided at five years of age that she wanted to be a nurse after she spent time in the hospital being taken care of by nurses who were very caring. Also, that was her mother's aspiration for her.

She has over fifty years of experience as a clinician, researcher, educator, and policy maker in public mental health and substance use. She is currently the executive academic consultant for the SAMHSA Minority Fellowship Program at the American

Nurses Association. Prior, she was an Associate Professor, Meharry Medical College and the Director of the Meharry Youth Health and Wellness Center, a health delivery system for adolescents with a special focus on LGBTQ youth. For eight years she was the Assistant Commissioner, Tennessee Department of Mental Health and Substance Use Services. Dr. Outlaw was a faculty member at the University of Pennsylvania School of Nursing for 14 years where she directed the Psychiatric Mental Health Graduate Nursing program. She has written in the areas of cultural diversity, management of aggression, seclusion and restraint, religion, spirituality and the meaning of prayer for people with

cancer, the Geriatric Depression Scale and older African Americans, Black women and depression, children's mental health, mental health parity, ACEs and Trauma Informed Care, mental health needs of minority transgender youth, African American women and caregiver burden, African Americans and clinical trials and mentoring racially, ethnically diverse nurses. She was a co-author of the book Policy and Politics in Nursing and Health Care, 7th edition which was recognized with a book of the year award in 2015 by the American Nurses Association.

Dr. Outlaw is active in Nashville having served as the Chair of the Healthy Nashville Leadership Council, a mayoral appointed body established by an Executive Order that seeks to improve health and quality of life for those who live, work, learn, worship, and play in Nashville. She is a member of ACE Nashville Leadership group whose mission is to prevent and mitigate the lifelong impact of childhood adversity and serves as a Board member of the Tennessee Justice Center.

Dr. Outlaw received her Baccalaureate in Nursing from Berea College, Master's in Psychiatric Nursing from Boston College, and a PhD. from The Catholic University of America and completed her postdoctoral study at the University of Pennsylvania.

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## **Beverly Patchell** **PhD, RN, CNS, PMH-BC**



Dr. Patchell is an enrolled member of the Cherokee Nation of Oklahoma, born and raised in the area of the Cherokee Nation capital of Tahlequah, OK. Her family survived the Trail of Tears, Oklahoma settlement and land allotment, boarding schools and the termination policies of the United States government and the State of Oklahoma. She has been reared in the traditional ways of Cherokee storytelling, ceremonies, and medicine. Through her work with

tribes from across the continental United States, Alaska, and Hawaii, she has learned the ways of many tribal traditions from these diverse groups. She has been a Clinical Nurse Specialist in Psychiatric/Mental Health nursing for 20 years and has certifications in the Psychiatric and Mental Health care of Children and Adolescents and in Nursing Administration through the American Nurses Credentialing Center. Dr. Patchell is a Past President of the National Alaska Native American Indian Nurses Association (NANAINA) and received her PhD from the New Mexico State University School of Nursing with a focus on Health Disparities and Border Issues with vulnerable populations. Her research area of interest is in how the confluence of cultural history, education, and belief systems interact and effect identity formation in American Indian children and youth and influence illness and disease.

Dr. Patchell served as a member of the MFP/ANA National Advisory Committee. She served as an Assistant Professor at the University of Utah College of Nursing and Program Director of the DNP Psychiatric Mental Health Nurse Practitioner Program. She has an extensive background in working with many Native American communities. Her community-based participatory research has addressed substance use, mental health, cancer, HIV/AIDS, diabetes, interpersonal violence, and stress response/reduction. On Nov 17, 2015, Dr. Patchell made a presentation sponsored by the Library of Congress and the University of Utah on the traditional ways mental health has been established and maintained by Native Americans. In 2016 she was appointed to the Advisory Committee on Minority Health, by the Office of Minority Health at the U.S. Department of Health and Human Services.

In the mainstream culture, Dr. Patchell received her Bachelor's and Master's of Science in nursing from the University of Oklahoma. She earned her PhD from the New Mexico State University School of Nursing with a focus on Health Disparities and Border Issues with vulnerable populations.

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