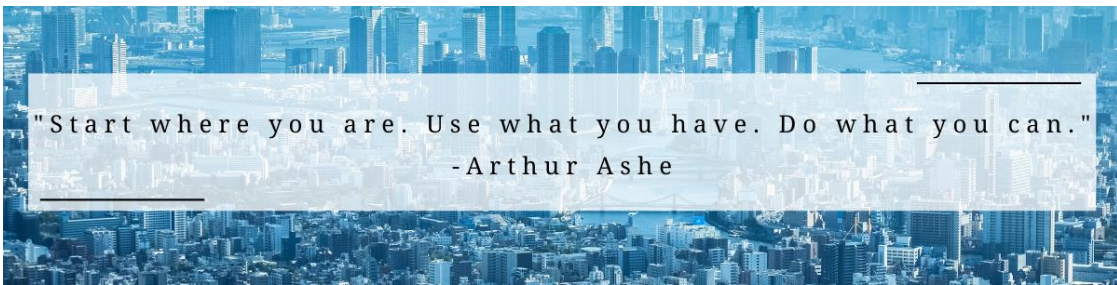
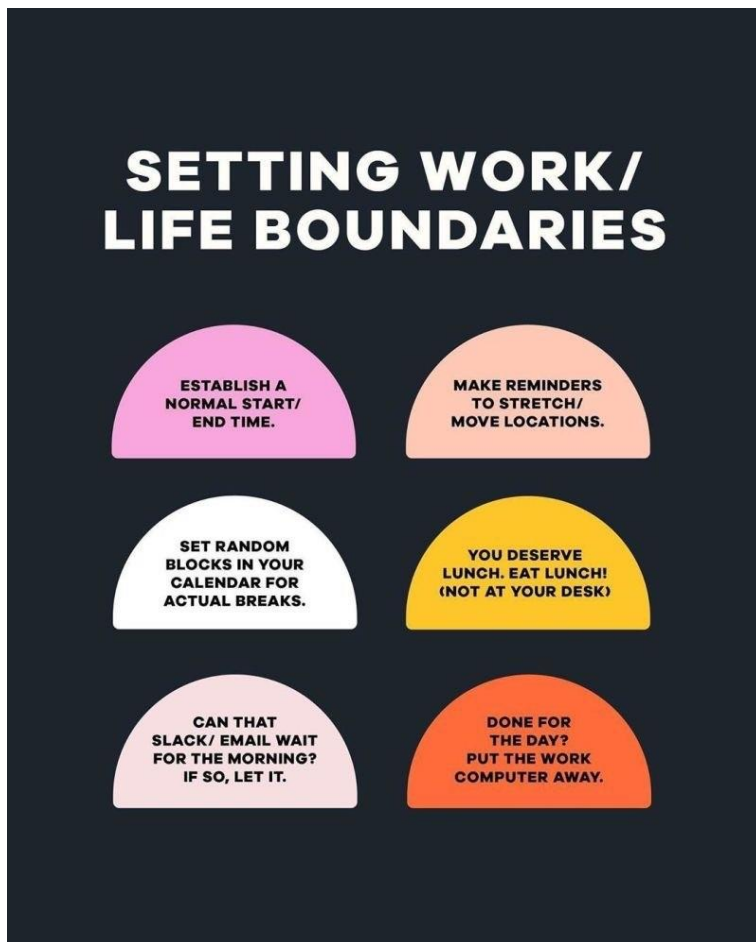


Health and Wellness Activity
Health Disparity Resources
October 9, 2020

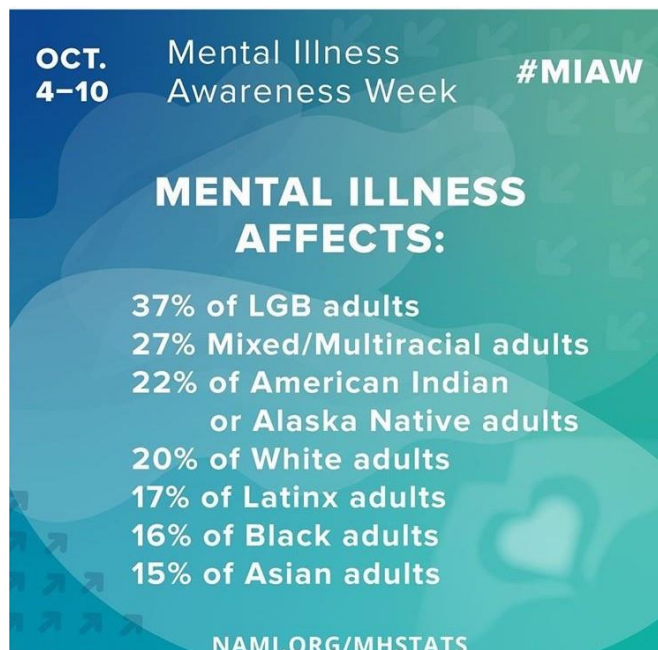


This week's recommended Health and Wellness Activity:

5-Minute Calming Meditation



Mental Illness Awareness Week



The following articles may be of interest to you:

6 Ways to Incorporate Active Rest Into Your Life

[Read more](#)

Why Intentional Learning Is The Number One Leadership Skill You Need, Right Now

[Read more](#)

Outdated stereotypes ‘putting students off mental health nursing’

[Read more](#)

'So frustrating': Doctors and nurses battle virus skeptics

[Read more](#)

Part III of the MFP/ANA Suicide Prevention Awareness Webinar series

SAMHSA MFP/ANA Suicide Prevention Webinar Series Part III:

Suicide Prevention in Youth from Communities of Color

Featured Speaker: Sherry Davis Molock, Ph.D., M.Div.

Link to register: https://zoom.us/meeting/register/tjAlf-CuqTMpHNGBJmxzRq_mGOEMONUgUkyK



SAVE THE DATE

October

14

7:00pm/EDT

LOCATION: ZOOM

Sherry Davis Molock is an Associate Professor in the Department of Psychology at The George Washington University in Washington, DC. Dr. Molock teaches undergraduate and doctoral courses in the field of clinical psychology and conducts research on the prevention of suicide and HIV in African American adolescents and young adults. Dr. Molock's work has appeared in professional journals, has served on a number of local and national boards, and currently serves on the editorial board of the American Journal of Community Psychology. She also serves as a grant reviewer for NIMH, NIDA, CDC, and SAMHSA.



Health Disparities:

World Bank Says Covid-19 Pandemic Has Hit Women Harder

[Read more](#)

Moderna vaccine trial contractors fail to enroll enough minorities, prompting a slowdown

[Read more](#)

“I won't be used as a guinea pig for white people,”

[Read more](#)

A Native American Clinic Gives Doses of Cultural Healing During COVID-19

[Read more](#)

Majority of LGBTQ youth experiencing anxiety, depression amid Covid, poll finds

Read more

CALL FOR APPLICATIONS!



Are you a psychiatric nurse pursuing a career that focuses on the prevention & treatment of mental illnesses & substance abuse? Are you in search of academic & financial support for your postgraduate degree? If you answered yes to these questions, visit <http://emfp.org> to learn more and to apply!

Deadline to apply is April 30, 2021



Eligibility Requirements

- Applicants must be an American citizen or permanent resident.
- Member of an ethnic or racial minority group.
- Doctoral applicants must have a Master's Degree or completed at least nine (9) credits related to Psychiatric/Mental Health or Substance Abuse.
- Master's level curriculum and plan of study must embody behavioral health disorders prevention, treatment, and recovery that are undergirded with theoretical and clinical science.
- Masters applicants must be enrolled full-time in an accredited degree behavioral health (psychiatric mental health/substance use) program in nursing.
- Doctoral applicants must be enrolled as a full-time doctoral student in a fully accredited nursing program.
- Applicants must have an active Registered Nurse License.
- The documents included in your application (CV, recommendations, essay, etc.) should demonstrate your commitment to a career in substance abuse or psychiatric/mental health issues affecting minority populations.
- Fellows are required to commit to a minimum of 2 years' service in mental health and/or substance use after graduation.



SHARE YOUR VOICE - TAKE THE SURVEY NOW



A COVID-19 Survey Series



FREE virtual conference CEUs available.

The International Society of Addictions Nurses is hosting a free virtual conference all through the month of October. Visit www.intnsa.org/conference/ for more information and to register.

Call for Papers- Journal of Psychoactive Drugs:

Please submit potential ideas for a Special Edition on Health Equity for the Journal of Psychoactive Drugs. A 2-page outline is due on October 27th for the potential paper, the edition will publish in late spring. Email MFP Alumna and National Advisory Committee member Dr. Tanya Sorrell at TANYA.SORRELL@CUANSCHUTZ.EDU with any questions.

Visit tandfonline.com/toc/ujpd20/current to submit paper concepts.

STOP COVID-19 XENOPHOBIA

CLICK HERE TO REPORT ASIAN AMERICAN HATE CRIMES DUE TO COVID-19 MISINFORMATION.



SAMHSA.GOV

The Substance and Mental Health Services Administration (SAMHSA) website, SAMHSA.GOV, provides COVID-19 guidance and resources to assist individuals, providers, communities and states across the country. The website is updated daily.

Missed an issue? Check out our e-Newsletter archives at emfp.org/news/e-newsletters.

Did you enjoy today's e-Newsletter?

- Yes
 No

How likely are you to share one or more of the resources provided with a colleague?

- Likely
 Not likely

Submit

Stay connected! Follow us on social media.



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