

Health and Wellness Activity
Health Disparity Resources
October 2, 2020



This week's recommended Health and Wellness Activity:

5-Minutes to A More Productive, Joyful Day



Suggested meditation read:

Blaming Others

by Madisyn Taylor

[Read more](#)



The following articles may be of interest to you:

**5 Tips For Living a Well
Balanced Life**

[Read more](#)

**How to Work Out a Robust
Work-Life Balance**

[Read more](#)

ANA Launches Nurse Suicide Prevention & Resilience Resource Site

[Read more](#)

The Coronavirus Is Creating A Mental Health Crisis For Health Care Workers

[Read more](#)

Indigenous woman records slurs by hospital staff before her death

[Read more](#)

DUNSON: Black lives beyond these walls

[Read more](#)

Part II of last week's Suicide Prevention Awareness Webinar series.

SAMHSA MFP/ANA Suicide Prevention Webinar Series Part II:

Suicide Prevention in Youth from Communities of Color

Featured Speaker: Sherry Davis Molock, Ph.D., M.Div.

Link to register: <https://zoom.us/meeting/register/tjpc06orjkoH910iH92xVod4JICXrRWXZQ7>



SAVE THE DATE



7:00pm/EDT

LOCATION: ZOOM

Sherry Davis Molock is an Associate Professor in the Department of Psychology at The George Washington University in Washington, DC. Dr. Molock teaches undergraduate and doctoral courses in the field of clinical psychology and conducts research on the prevention of suicide and HIV in African American adolescents and young adults. Dr. Molock's work has appeared in professional journals, has served on a number of local and national boards, and currently serves on the editorial board of the American Journal of Community Psychology. She also serves as a grant reviewer for NIMH, NIDA, CDC, and SAMHSA.



Racial/Ethnic Disparities:

Pandemic Highlights Deep-Rooted Problems in Indian Health Service

[Read more](#)

Measuring poverty in the midst of America's Covid-19 epidemic

[Read more](#)

Coronavirus is causing the 'historic decimation' of Latinos, medical expert says

[Read more](#)

The Black Doctors Working To Make Coronavirus Testing More Equitable

Read more

CALL FOR APPLICATIONS!



CALL FOR APPLICATIONS INTERDISCIPLINARY MINORITY FELLOWSHIP PROGRAM

The Interdisciplinary Minority Fellowship Program (IMFP) is funded by a new grant from the federal Substance Abuse and Mental Health Services Administration (SAMHSA). This fellowship program is designed for master's and doctoral students in psychology, nursing, social work, marriage and family therapy, mental health counseling, and substance use and addictions counseling whose training prepares them for careers in behavioral health services for ethnic and racial minorities who have a mental or cooccurring mental and substance use disorder.

Deadline to apply is October 4, 2020
Visit <https://mfppp.apa.org/> to learn more and to apply.



Are you a psychiatric nurse pursuing a career that focuses on the prevention & treatment of mental illnesses & substance abuse? Are you in search of academic & financial support for your postgraduate degree? If you answered yes to these questions, visit <http://emfp.org> to learn more and to apply!

Deadline to apply is April 30, 2021



Eligibility Requirements

- Applicants must be an American citizen or permanent resident.
- Member of an ethnic or racial minority group.
- Doctoral applicants must have a Master's Degree or completed at least nine (9) credits related to Psychiatric/Mental Health or Substance Abuse.
- Master's level curriculum and plan of study must embody behavioral health disorders prevention, treatment, and recovery that are under girded with theoretical and clinical science.
- Masters applicants must be enrolled full-time in an accredited degree behavioral health (psychiatric mental health/substance use) program in nursing.
- Doctoral applicants must be enrolled as a full-time doctoral student in a fully accredited nursing program.
- Applicants must have an active Registered Nurse License.
- The documents included in your application (CV, recommendations, essay, etc.) should demonstrate your commitment to a career in substance abuse or psychiatric/mental health issues affecting minority populations.
- Fellows are required to commit to a minimum of 2 years' service in mental health and/or substance use after graduation.

FREE virtual conference CEUs available.

The International Society of Addictions Nurses is hosting a free virtual conference all through the month of October. Visit www.intnsa.org/conference/ for more information and to register.

Call for Papers- Journal of Psychoactive Drugs:

Please submit potential ideas for a Special Edition on Health Equity for the Journal of Psychoactive Drugs. A 2-page outline is due on October 27th for the potential paper, the edition will publish in late spring. Email MFP Alumna and National Advisory Committee member Dr. Tanya Sorrell at TANYA.SORRELL@CUANSCHUTZ.EDU with any questions.

Visit tandfonline.com/toc/ujpd20/current to submit paper concepts.

STOP COVID-19 XENOPHOBIA

CLICK HERE TO REPORT ASIAN AMERICAN HATE CRIMES DUE TO COVID-19 MISINFORMATION.



SAMHSA.GOV

The Substance and Mental Health Services Administration (SAMHSA) website, SAMHSA.GOV, provides COVID-19 guidance and resources to assist individuals, providers, communities and states across the country. The website is updated daily.

Did you enjoy today's e-Newsletter?

- Yes
 No

How likely are you to share one or more of the resources provided with a colleague?

- Likely
 Not likely

Submit

Stay connected! Follow us on social media.



Funding for the Inside MFP e-News newsletter was made possible (in part) by Grant Number 1H79SM080356-01 from SAMHSA. The views expressed in written training materials or publications and by speakers and moderators do not necessarily reflect the official policies of the department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S Government.