

"Believe you can and you're halfway there."

This week's recommended Health and Wellness Activity:

5-Minute Stretch



The following articles may be of interest to you:

6 Ways to Incorporate Active Rest Into Your Life

[Read more](#)

If You Want to Get Better at Something, Ask For Advice Instead of Feedback

[Read more](#)

Thanksgiving and COVID-19

[Read more](#)

Telehealth can save You Money

[Read more](#)

Health Disparities:

South Africa's Strict Lockdown May Have Helped Develop COVID-19 Herd Immunity: Scientists

[Read more](#)

Telehealth Care Access Yields Health Disparities Amid COVID-19

[Read more](#)

Peguis First Nation trains its own members to operate COVID-19 testing site

[Read more](#)

The following webinar may be of interest to you:

November 11, 2020

Best Practices for Applying to the J&J Nurses Innovate QuickFire Challenge on Mental Health

11:00AM-12:15PM EST
8:00AM PST
5:00PM CEST

The following video may be of interest to you:

Building a Culture of Health and Health Equity through Native American Nurses



CALL FOR APPLICATIONS!



Are you a psychiatric nurse pursuing a career that focuses on the prevention & treatment of mental illnesses & substance abuse? Are you in search of academic & financial support for your postgraduate degree? If you answered yes to these questions, visit <http://emfp.org> to learn more and to apply!

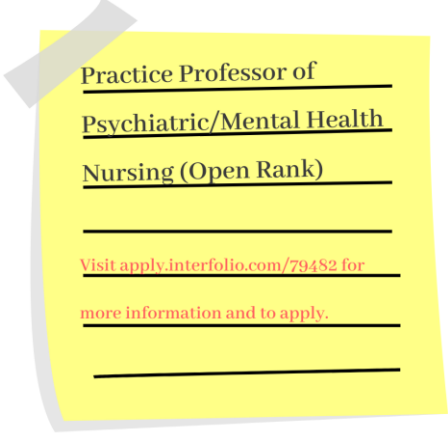
Deadline to apply is April 30, 2021



Eligibility Requirements

- Applicants must be an American citizen or permanent resident.
- Member of an ethnic or racial minority group.
- Doctoral applicants must have a Master's Degree or completed at least nine (9) credits related to Psychiatric/Mental Health or Substance Abuse.
- Master's level curriculum and plan of study must embody behavioral health disorders prevention, treatment, and recovery that are under girded with theoretical and clinical science.
- Masters applicants must be enrolled full-time in an accredited degree behavioral health (psychiatric mental health/substance use) program in nursing.
- Doctoral applicants must be enrolled as a full-time doctoral student in a fully accredited nursing program.
- Applicants must have an active Registered Nurse License.
- The documents included in your application (CV, recommendations, essay, etc.) should demonstrate your commitment to a career in substance abuse or psychiatric/mental health issues affecting minority populations.
- Fellows are required to commit to a minimum of 2 years' service in mental health and/or substance use after graduation.

New employment opportunity:



The Coldiron Senior Nurse Executive Fellowship is currently accepting applications. Use the link provided directly below for more information and to apply.

case.edu/nursing/programs/shaughnessy-

Share your COVID-19 story! Visit bit.ly/3k7yTAz for more information.



STOP COVID-19 XENOPHOBIA
CLICK HERE TO REPORT ASIAN AMERICAN HATE CRIMES DUE TO COVID-19 MISINFORMATION.



SAMHSA.GOV

The Substance and Mental Health Services Administration (SAMHSA) website, SAMHSA.GOV, provides COVID-19 guidance and resources to assist individuals, providers, communities and states across the country. The website is updated daily.

Missed an issue? Check out our e-Newsletter archives at emfp.org/news/e-newsletters.

Did you enjoy today's e-Newsletter?

- Yes
- No

How likely are you to share one or more of the resources provided with a colleague?

- Likely
- Not likely

Submit

Stay connected! Follow us on social media.



Funding for the INSIDE MFP e-Newsletter was made possible (in part) by Grant Number 1H79SM080386-03 from SAMHSA. The views expressed in written training materials or publications and by speakers and moderators do not necessarily reflect the official policies of the department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S Government

[Unsubscribe](#)

SAMHSA Minority Fellowship Program 8515 Georgia Avenue, Suite 400 Silver Spring, Maryland 20910-3492 United States (301) 628-5247