Contents

Faye A. Gary, Leadership Scholarship recipients.



The Faye A. Gary, EdD, RN, FAAN Leadership Award was offered as a tribute to her visionary leadership of the SAMHSA **Minority Fellowship Program** (MFP) at the American **Nurses** Association.



MAY 31, 2019 ISSUE 3



Celebrating 45 years of diversifying the nation's nursing workforce and leadership!

mfp Substance Abi Minority Fellor at the America

bstance Abuse and Mental Health Services Administration (SAMHSA) inority Fellowship Program the American Nurses Association

The SAMHSA Minority Fellowship Program at the American Nurses Association is pleased to announce that MFP Fellows, Wei-Chen Chen, BSN, RN; Yovan Gonzalez, DNP, MSN, FNP-BC; and Audrey Strock, DNP, MSN, RN, AGPCNP-BC, PMHNP-BC are the recipients of the Faye A. Gary, EdD, RN, FAAN MFP/ANA Leadership Scholarships. The scholarships, valued at \$2,000, were presented by ANA President, Dr. Ernest Grant, PhD, RN, FAAN, during the 2019 Intensive Training Institute and 45th anniversary celebration, April 11, 2019, in Tallahassee, FL.

Wei-Chen (Sabrina) Chen, MSN, BSN, RN

graduated on May 24, 2019 as a Psychiatric Mental Health Nurse Practitioner Masters' student from the University of Colorado Anschutz Medical Campus. She has sought out



Wei-Chen (Sabrina) Chen (c) poses with (pictured L/R:) Janet Jackson, Dr. Freida Outlaw and ANA President Dr. Ernest Grant.

oppotunities to learn more about various evidence-based treatments to better serve patients with mental illness, including but not limited to Dialectical Behavior Therapy (DBT), Cognitive Behavior Therapy (CBT), and Acceptance and Commitment Therapy (ACT) and Motivational Interviewing (MI). Wei-Chen's goal is to use nursing education as a platform to promote compassion, self-care, and mindfulness to the

Audrey Strock, DNP, MSN, RN, AGPCNP-BC, PMHNP-BC

recently graduated from the University of Colorado Anschutz Medical Campus with a DNP degree. She is a Psychiatric Mental Health Nurse Practitioner who concentrates on both physical and mental health issues and assesses how they are related. Health care integration is most important to Audrey who believes in a holistic approach. Audrey is dually certified and doctorally prepared in primary care and psychiatry and has the expertise and training to treat various mental and physical health public to help reduce the stigma associated with mental illness. Strategies that help to change the social structures that maintain stigma are sorely needed. The MFP/ANA Faye A. Gary, EdD, RN, FAAN Leadership Award will provide a resource to Wei-Chen as she continues her effort to lead a culture change through education around the stigma associated with mental illness.



Audrey Strock (c) poses with (pictured L/R:) Janet Jackson, Dr. Freida Outlaw and ANA President Dr. Ernest Grant.

disorders. Audrey is the first person in her immediate family to attend college earning a Bachelors' Degree in Nursing from Regis University, graduating with Honors Magna cum Laude. She continued her education by pursuing a Masters' of Nursing/Nursing Practitioner from the University of Colorado, Colorado Springs as an Adult/Gerontology Nurse Practitioner. Audrey's commitment to extraordinary academic scholarship and expertise

Yovan Gonzalez, DNP, MSN, FNP-BC

embodies the Faye A. Gary, EdD, RN, FAAN MFP/ANA Leadership Award. This is evidenced by his ability to manage his own development in an intentional and productive way. He recently graduated from Johns Hopkins School of Nursing earning the Doctorate in Nursing Practice (DNP) degree. His focus has been on increasing nursing knowledge in the screening and management of substance use through an online SBIRT program and was the only nurse finalist in the 2019 Don Quixote Award for his work on the

Culturally Relevant SBIRT Training. The Don Quixote Award is conferred by the American Society of Hispanic Psychiatrists and celebrates the contributions of Hispanic professionals. He is also a 2018 American Psychiatric Nurses in psychiatric mental health nursing has earned her the recognition as a nurse leader worthy of the Faye A. Gary EdD, RN, FAAN Leadership Award and symbol of hope for the future.



Yovan Gonzalez (c) poses with (pictured L/R:) Janet Jackson, Dr. Freida Outlaw and ANA President Dr. Ernest Grant.

Association (APNA) Board of Directors Scholar which recognizes graduate students whose accomplishments exemplify their dedication to psychiatric mental health nursing. Yovan is currently a family nurse practitioner providing comprehensive primary care services to underserved Latino families at a behavioral health center in the New York Metropolitan area and continues to be an inspiration as he leads by his example.

The MFP/ANA Faye A. Gary, EdD, RN, FAAN Leadership Award, was offered as a tribute to Dr. Faye Gary's visionary leadership of the SAMHSA Minority Fellowship Program (MFP) at the American Nurses Association (ANA) from 2003-2015. Dr. Gary served as the Chair of the MFP/ANA National Advisory Committee before being named as the Executive Academic Consultant. For more than a decade she worked tirelessly and relentlessly implementing new and novel approaches to educate the MFP doctoral Fellows, diversify the behavioral health nursing workforce and advance the health and well-being for all people. During her leadership, the MFP/ANA Fellows were offered a "Virtual University" that provided



additional opportunities for knowledge and skills training that helped them to successfully navigate the demands of completing their graduate education and transition into careers of leadership in behavioral health nursing.

The MFP graduation rate was nearly 100 percent with 45 Fellows graduating during Dr. Gary's leadership of the SAMHSA MFP/ANA. With the expansion of technology, the MFP/ANA has fine-tuned and renamed the "Virtual University Training Model," but its core knowledge and skills acquisition training continues to be an essential support to the current ethnic/racial minority nursing students enrolled in graduate programs supported by the MFP/ANA and helps them to successfully navigate the demands of completing their graduate education and transition into careers of leadership in behavioral health nursing.



Funding for the Inside MFP e-News newsletter was made possible (in part) by Grant Number 1H79SM080386-01 from SAMHSA. The views expressed in written training materials or publications and by speakers and moderators do not necessarily reflect the official policies of the department of Health and Human Services; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S Government.